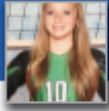


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Student Athlete Growing with Local Sports Facilities

BY TINA FONTENOT

Hannah Heckman is 15 years old and loving life! But it's when she plays volleyball that she really has fun and blossoms. This wasn't always the case for the 10th grader from Valley Christian Academy. "I used to be a super shy girl," says Hannah. You would never know that now, and it was after she joined Roseville Club Volleyball in 2010 that this transformation occurred. Now she's an outgoing young lady who has made many friends. She's also quite well known by several coaches.

Hannah started playing volleyball in the fifth grade with her school. Now, just a short five years later says, "It's a fun sport that builds character," stated Hannah. She has so much fun and is very committed to volleyball. She basically spent this entire past summer doing outdoor and sand training. She really misses the sand training. In volleyball, you run a lot. Hannah and her teammates practice two times a week for two hours each time. When she has a bad game or practice, she watches volleyball on YouTube® and works it out. Then, when she goes back to



practice she's goes back better and more confident because she has practiced and mastered the situation. Hannah plays softball as well, but volleyball is her favorite sport. When asked what's after Club Roseville for her, Hannah stated she's looking for a college with a good volleyball team. William Jessup is a definite option. Hannah would also like to coach Junior volleyball and eventually start a club of her own.

In 2012, Hannah won a \$1000 scholarship through Jackson

Sports Academy. Club Roseville Volleyball (CRV) now practices at McClellan Park at the new Jackson Sports Academy. Jackson Sports Academy is where CRV holds all of their practices and tournaments at the Jackson facility. Congratulations to Hannah on her scholarship, and may she get far with her volleyball dreams.

If you would like to know more about Club Roseville, call Keith Hart at (916) 276-4246.

JACKSON SPORTS ACADEMY

In December of 2012, Jackson Sports Academy (JSA) successfully relocated, taking over 72,000 square feet of primarily warehouse space, which represents only a small portion of the 10 million square feet of commercial real estate that comprises McClellan Park.

The new space provides sufficient room for 12 volleyball courts. Other sports to be offered will include basketball, soccer and tennis.

In addition to facilitating volleyball and other sports activities onsite, JSA has been offering Community Collaborative Charter School (CCCS) (among other schools) a place for its middle and high school-aged students to accumulate physical education credits.

As CCCS is an existing tenant at McClellan Park, hosts approximately 700 students. The relocation simplified the bussing of youth almost three miles down the road to JSA's old facility, to merely a short walk across the parking lot.

Fortunately, the goodwill doesn't stop there. Jackson has also partnered with Harold Pressley (former Sacramento King) to introduce basketball to JSA in the form of training, leagues and camps. Pressley, of Hardwood Palace in Rocklin, also runs a foundation called Treat'em Like a King (TLK Foundation), an organization dedicated to helping disadvantaged children and families to better their lives. Pressley is excited about his affiliation with JSA and looks forward to "introducing at-risk and disadvantaged children to sporting opportunities that would otherwise not be available to them. My goal is to make it possible for these youth to participate in basketball leagues and camps that will put smiles on their faces, while allowing them to develop athletic skills in a safe and secure environment."

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